

Atlantis Beach Baptist College

TWO ROCKS WESTERN AUSTRALIA

College Details

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Instagram: [@atlantisbeachbaptistcollege](https://www.instagram.com/atlantisbeachbaptistcollege)

Term Dates 2019

Term 1

4th Feb - 11th Apr

Term 2

30th Apr - 4th Jul

Term 3

22nd Jul - 26th Sep

Term 4

15th Oct - 12th Dec

Administration

Lisa Potgieter

Acting Principal

Hayley Pearce

Head of Junior School

Brendon Donaldson

Business Manager

Nicola Moores

Office Manager

MESSAGE FROM THE PRINCIPAL

Dear College Families and Friends

Spring is in the air! Flowers are blooming, bees are buzzing, birds are singing and warm winds are wafting. The sky is bluer and the grass is greener. It's certainly easy to behold the beauty of God's creation when it erupts in colour, birdsong and new life in spring. It's not only a delight for our senses, but uplifting for our souls.

Observe the beauty of the trees, which were made pleasing to the eye and good for food (Gen. 2:9). Take time to smell the roses and be amazed by the myriads of flowers with different colours and scents. There are more than 400,000 different types of flowering plants. Jesus told us to consider the lilies of the field. Not even Solomon in all his splendour was dressed like one of them (Matt 6:28-29).

No matter how hard humans try, we can't replicate the science of making a plant from seed and causing it to grow, with the resulting blossom of colour, texture, scent and symmetry, as well as nectar and pollen, food for the birds and bees. Along with as the physical beauty of God's creation, we also have the ability to appreciate the musical beauty. There are about 830 species of birds in Australia. Their songs are highly complex and can contain dozens of notes per second, and they never sing out of key! So next time you find yourself outdoors, take time to enjoy the beauty of God's creation, and meditate on His wisdom and creativity and why don't you plan some quiet time with God in His cathedral of creation.

He has made everything beautiful in its time ... (Eccl. 3:11).

- Spotlight Australia articles

Lisa Potgieter
Acting Principal



Primary assembly—a bright & colourful display

Well done!



We ended our term off with a lovely assembly where we honoured some hard working students with merit awards. As a special treat, the dance club performed a routine for us which was absolutely wonderful. Thanks to Miss Gregoriadis for leading this team!



A few of our proud students receiving merit awards...

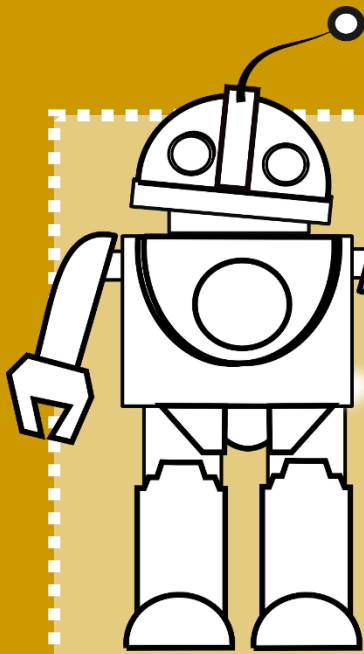


MEETING THE CLASS OF 2020



On the last day of term, the Early Learning staff had the privilege of welcoming our Kindy 2020 class to the ELC and introducing them to their teachers and the facilities. While the children were highly entertained by the ELC teachers, the parents enjoyed some morning tea and an informal chat with Mrs Potgieter and Mrs Pearce about the college and our plans for next year. It was a fun and relaxing morning and got everyone excited for 2020. A big thank you to our teaching and admin staff for their contributions and effort to make this event a success.



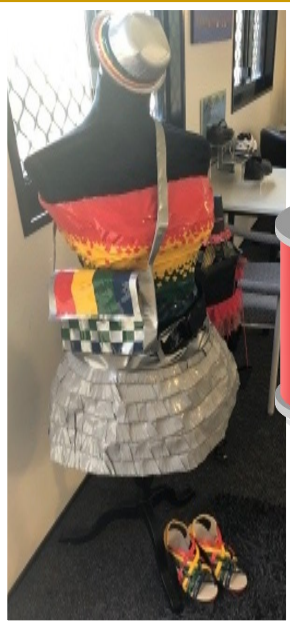


Robotics

The Year 9s and 10s have been using Lego Mindstorms EV3 to engage in fun, hands on learning about Robotics and the principles of programming. The heart of the Mindstorms EV3 is the programmable intelligent brick that controls sensors and motors, as well as providing wireless communication. We have had magnificent creations of Darth Vader playing the Imperial March as he turns on and moves in the classroom and a dog that sits on command.



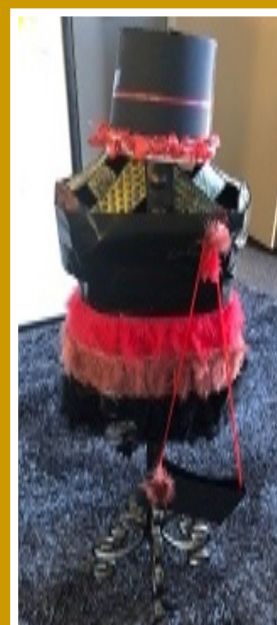
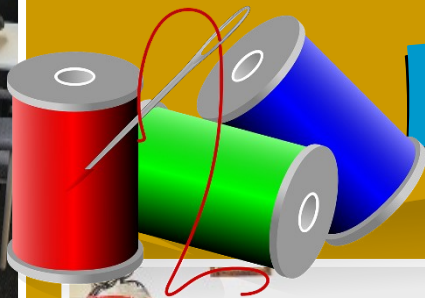
When Fashion becomes Art



Wearable Art on display in the Admin office.

Top: Hayley Grover's creation.

Far right: Trinity Lamont designed a beautiful garment with feathers.



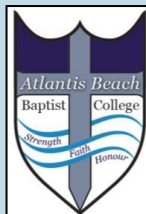
Larissa Potgieter shows her creative flair by recycling rubbish and turning it into beautiful, wearable garments.

Term 4 Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	October 14	October 15	October 16	October 17	October 18
		First day students Secondary Assembly			Lunch orders
2	October 21	October 22	October 23	October 24	October 25
	Library K1-Y2 1-2pm		Secondary Tutoring Homework Club P&F Meeting 5-6PM ABBC Board Update 6pm	Year 7 & 8 immunisations After School Clubs Japanese Incursion 9-11am	Lunch orders
3	October 28	October 29	October 30	October 31	November 1
		Library Y3 & 4/5 (8:45-9:40am) Library K2 & Y5/6 (9:40-10:35)	Secondary Tutoring Homework Club	After School Clubs	Lunch orders Primary Assembly Y4-10 Students to WACCA – Scorchers vs Melbourne Renegades
4	November 4	November 5	November 6	November 7	November 8
	PAT Testing Library K1-Y2 1-2pm	PAT Testing	Secondary Tutoring Homework Club	After School Clubs Y4/5 Discovery Centre excursion	Lunch orders Secondary Assembly
					Saturday 9 November Bunnings sausage sizzle
5	November 11	November 12	November 13	November 14	November 15
		Library Y3 & 4/5 (8:45-9:40am) Library K2 & Y5/6 (9:40-10:35)	Secondary Tutoring Homework Club	After School Clubs	Lunch orders Primary Assembly Newsletter
6	November 18	November 19	November 20	November 21	November 22
	Library K1-Y2 1-2pm		Secondary Tutoring Homework Club	After School Clubs	Lunch orders Secondary Assembly Y6/9/10 Adventure World Graduation Social
7	November 25	November 26	November 27	November 28	November 29
		Library Y3 & 4/5 (8:45-9:40am) Library K2 & Y5/6 (9:40-10:35) *Only returns	Secondary Tutoring Homework Club Y7-10 Technology Excursion	After School Clubs	Lunch orders Primary Assembly Yr 6/9/10 Mercure Hotel Graduation Dinner Year 7-10pm
8	December 2	December 3	December 4	December 5	December 6
	Exams Y7-10 Library K1-Y2 1-2pm *Only returns)	Exams Y7-10			Students Last Day Assembly P&F Beach Picnic and BBQ Finish at 12:00pm Presentation & Awards Night Y6 & 10 Graduation
					Saturday 7 December Carols in the Park Christmas Sunset Market
9			December 11	December 12	December 13
			Staff last day	Administration last day	



**Inspire, Persist, Plan,
Organise, Learn
Grow, Develop,
Celebrate!**



Atlantis Beach Baptist College

Term Dates 2020

PRIMARY AND SECONDARY STAFF AND STUDENTS

Administration Office will be open from Wednesday 15 January 2020

Term 1	Term starts	Term ends
STUDENTS	Wednesday 29 January	Thursday 9 April
STAFF	Wednesday 22 January	Thursday 9 April
Public Holidays Australia Day – Monday 27 January Labour Day – Monday 2 March Good Friday – Friday 10 April (during term break) Easter Monday – Monday 13 April (during term break) ANZAC Day – Monday 27 April (during term break)		

10 Week Term

Term 2	Term starts	Term ends
STUDENTS	Tuesday 28 April	Thursday 2 July
STAFF	Tuesday 28 April	Friday 3 July
Student free day – Friday 29 May Public Holidays Western Australia Day – Monday 1 June		

10 Week Term

Term 3	Term starts	Term ends
STUDENTS	Monday 27 July	Thursday 24 September
STAFF	Monday 27 July	Friday 25 September
Public Holidays Queen's Birthday – Monday 28 September (during term break) Mid Term Break – Monday 24 August		

9 Week Term

Term 4	Term starts	Term ends
STUDENTS	Tuesday 13 October	Friday 11 December
STAFF	Monday 12 October	Tuesday 15 December

10 Week Term

The office will be closed during the Christmas break as of Wednesday 16 December and will re-open Wednesday 13 January 2021.



MAKE A NOTE...



- **P&F meeting**— 23 October 5-6pm; Board Update 6pm
- **Bunnings Sausage Sizzle**—9 November. We are looking for volunteers!
- **Y4-10 Students to WACCA** – Scorchers vs Melbourne Renegades—1 November
- **COLES MINI SWAP**—Meet in Room 1 Monday 21 October during lunch break for the Coles Mini Swap.
- The **Uniform Shop** will be open on Tuesday and Thursday mornings from 8:15am-10:30am

Term 4 Clubs and Tutoring will commence in Week 2 and run through to Week 7

All clubs are held after school from **3.15pm to 4.00pm**. Please complete a form to sign up.

Club:	Day:	Venue:	Teacher:
Homework Club Year 2 - 6	Wednesday	Room 1	Mrs Pearce
Tutoring Year 7 -10	Wednesday	Room 1	Mr Ward
Fitness Club Year 4-10	Thursday	Outside Room 2	Mr Campbell
RC/Drone Club Year 4-10	Thursday	Outside Room 4	Mrs Potgieter & Mr Kriwopischin
Art Club Kindy- Year 10	Thursday	Room 3	Mrs Halliday
Lego Club Kindy – Year 10	Thursday	Room 4	Miss Roodt
Keys for Life Year 10	Thursday	Room 2	Miss Gregoriadis

Looking to join a local church?

We meet fortnightly on a Sunday at 9:30am
at Atlantis Beach Baptist College.

You are welcome to join us at our next Sunday service on 20 October.

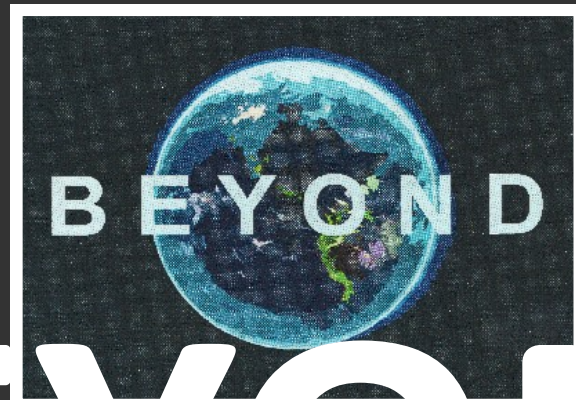
For more info email: atlantisbaptistcommunity@gmail.com





YWAMPERTH

Nexwave Summer camp is around the corner!



BEYOND

NEXWAVE SUMMER CAMP

**JOIN US FOR A WEEK OF
MISSIONS, ADVENTURE
& FUN. GET CLOSER TO
GOD AS YOU TRUST HIM
TO TAKE YOU BEYOND
WHAT YOU CAN SEE**

**JAN 6-10
2020**

For young people from 12-18 year old

Cost: \$234 Camp Wattle Grove

REGISTER: secure.ywamperth.org.au/camp.asp

CONTACT: 08 9328 5321 / nexwave@ywamperth.org.au



The Magic Coat is a tool to help create confident, calm and caring kids who know how to problem solve, feel safe and manage their emotions appropriately so that they have good mental health and well-being.

The Magic Coat program helps children learn to take control and responsibility for their own world and to create positive relationships with adults and children around them. Focusing on prevention rather than cure, it provides children with social and emotional strategies from a young age, which can have a significant impact on mental health in later years.

The program includes unique & interactive workshops for both parents and children to attend together, where children will learn the strategies and tools to help them deal with issues such as worry and anxiety, friendships and bullying.

★ *By attending with their child, and working through a workbook together, parents will also learn how to support their child using a common language.*

As well as these Parent & Child workshops, The Magic Coat also incorporates:

- Children's books;
- Parenting books;
- School presentations;
- Community and Parenting seminars;
- Dedicated workshops just for children;
- An in depth 10 week after school program (run each school term in WA by Direction Psychology);
- Teacher training and a workbook to enable the program to be run in classrooms; and
- A growing range of merchandise.

More information can be found at:

<https://themagiccoat.com/>

Meet Di Wilcox, founder of The Magic Coat:

- Di holds a Bachelor of Social Science in Women and Children Studies, and a Diploma of Education.
- In 2013 Di received Momentums Most Inspirational Woman of the year award.
- In 2012 and 2014 she was a top three finalist for the Pride of Australia Medal.
- In 2017, Rotary International presented Di with a Pride of Workmanship award.
- Di has appeared on television programs for Channel 7, 9 and Foxtel's "The Couch".
- Di makes regular appearances on Channel 9 as a Parenting Expert.

After teaching both nationally and internationally, Di was astounded at the number of children who were unable to focus at school. She spent her recess and lunch times speaking with children who she could see were struggling to concentrate, to find out what was going on in their minds. Di discovered that most of these children loved school but could not focus because of all the worries that they had going on in their lives both in and out of school.

After some research, particularly in the area of Positive Psychology Di wrote lessons for her own class to help them manage these worries and build resilience. It didn't take long before other teachers were asking her to work with their students and then other schools.



Di Wilcox

Soon Di left teaching to focus 100% on developing a program that could provide a common language for adults and children to share, that would help children to build confidence, manage their emotions, build resilience and encourage empathy for others.

This is when The Magic Coat Program was developed and, after three years of piloting the program, Di now presents to hundreds of parents and children and also trains teachers, psychologists, social workers, women refuge workers and the police in how to use the program and resources with the children with whom they work.

Di is available as a keynote and inspirational speaker for corporate events globally and also provides life coaching for children and their families.

See Workshop information on next page

Proverbs 12:25 (NLT)

Worry weighs a person down; an encouraging word cheers a person up.

Magic Coat founder, Di Wilcox proudly presents:

A FREE Magic Coat for Kids Parenting Information Night



Every child at one time or another will be anxious or worried or encounter friendship issues – and as parents we all want to know what we can do to best help them through these times.

To help us learn HOW we can help our kids, and give them strategies they can use to help themselves, Di Wilcox will step parents through the simple yet powerfully effective analogies of The Magic Coat.

Di has received numerous awards for her work, including Momentums Most Inspirational Woman of the Year award in 2013. She presents Magic Coat Workshops all over the world, and works with the police, psychologists, prisons and schools here in WA. See <https://www.themagiccoat.com> for further info.

Di will then be back at True North 'The Block' on **Monday 28th October 2019** to present the first of her unique Parent AND Child Workshops on **Helping kids to deal with Worry & Anxiety**

This FREE "Parents Only" Seminar gives you the chance to hear from Di first, before you come along to the Workshop with your child, as we know you will love what you hear!



Di Wilcox

Date: Monday 21st October 2019

Time: 7pm to 8pm

Venue: True North Community Hub
869 Connolly Drive, Merriwa WA

Ticket Price: FREE!

Booking Link: <https://www.trybooking.com/BFVNW>

The Magic Coat for Kids proudly presents:

Di Wilcox's Unique Parent and Child Workshops -

Helping Your Child to Deal with Worry and Anxiety



In this interactive 90-minute workshop you and your child will learn how to recognize what worries your child has and how to deal with these in a simple and effective way, whilst learning:

- What is worry and anxiety
- How to use a Worry Ladder to help your child manage everything that is going on in their mind
- How to put worries into perspective
- How to manage panic attacks

Children will be introduced to The Magic Coat and taught how the different characters that live inside the pocket can help them with their anxiety, on a day to day basis.

This workshop will also give you the tools of communication to create a strong bond between parent and child and build your child's self-confidence.

This workshop is suitable for children ages approximately 6-11 years and may also suit older children.



Di Wilcox

Date: Monday 28th October 2019

Time: 5.00pm to 6.30pm

Venue: True North Community Hub
869 Connolly Drive, Merriwa WA

Ticket Price: \$20 per Adult & \$10 per Child

Booking Link: <https://www.trybooking.com/BFVOF>

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Government of Western Australia
Child and Adolescent Health Service



Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- **Seminar Series** – 90-minute talks on:
 - children's behaviour – the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



Program details:

Type: **Seminar Series (updated 11/09/19)**

Place: **Balcatta House (change of date to session 3)**

Date/s: **Tuesday's - 22nd and 29th October and 12th November 2019**

Time: **9.30am - 11.30am**

Cost: **FREE**

How do I book?

Visit www.healthywa.wa.gov.au/parentgroups.

If unable to book online, contact the Child Health Booking System on **1300 749 869**.

Childcare: Please do not bring babies and children over the age of 6 months to the group. You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue). You can bring babies into groups for feeding.

Visit www.healthywa.wa.gov.au/parentgroups for more information.