



Atlantis Beach Baptist College

TWO ROCKS WESTERN AUSTRALIA

College Details

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Term Dates 2020

Term 1

29 January—9 April

Term 2

28 April—2 July

Term 3

27 July—24 September

Term 4

13 October—11 December

Administration

Lisa Potgieter

Principal

Charlene van Wyk

Dean of Students

Nicola Moores

Office Manager

MESSAGE FROM THE PRINCIPAL

Dear Students, Families and Friends of the College

How do you eat an elephant? One small bite at a time ... How do you load an entire term's work online? One small activity at a time ... How do I support all my students? One phone call or message at a time ... How do I survive through this COVID-19 crisis? Get up, get dressed and go do my absolute very best ...

This is how we as a college staff are surviving and navigating our path through this tumultuous time. During our weekly staff devotions, we have declared that we believe that God will never challenge us beyond our ability. Daily, we endeavour to deliver our absolute personal best to our profession, community and families. We truly believe as a staff that if our personal best is good enough for God, it is good enough for the students, parents and the wider community. We firmly believe that each member of staff has been placed in this community for a reason.

We all have a unique and personalised void to fill in the lives of our students. Empowering each other as a staff, with the belief that our best is good enough, has also eased feelings of inadequacy and work-related stress. We have tackled the eating of this elephant as a synchronised team in various sittings. We are doing well so far.

Then again, honestly speaking, the online learning journey in our college has been perceived as cold and distant. It seems that no matter how well prepared or visually stimulating a lesson, the reality is that children crave personal interaction to feel valued. We need someone to witness our life. We have done well, but we must acknowledge that nothing writes a better paragraph than a newly sharpened, borrowed pencil off your favourite teacher's desk. Nothing makes you do as many extra sums as the genuine warm glint of appreciation in your teacher's eye.

Staff and students have agreed that it gets lonely online, we miss the energy of our classes and we miss the feeling of visibly making a difference in the lives of others. The myriad of newly found obstacles of internet access, passwords and printing ink gets resolved, but the isolation makes us collectively realise that our hearts are empty. We are praying that this sitting will only serve one elephant and not a herd.

Lisa Potgieter
Principal

Creative play in the Kindy class

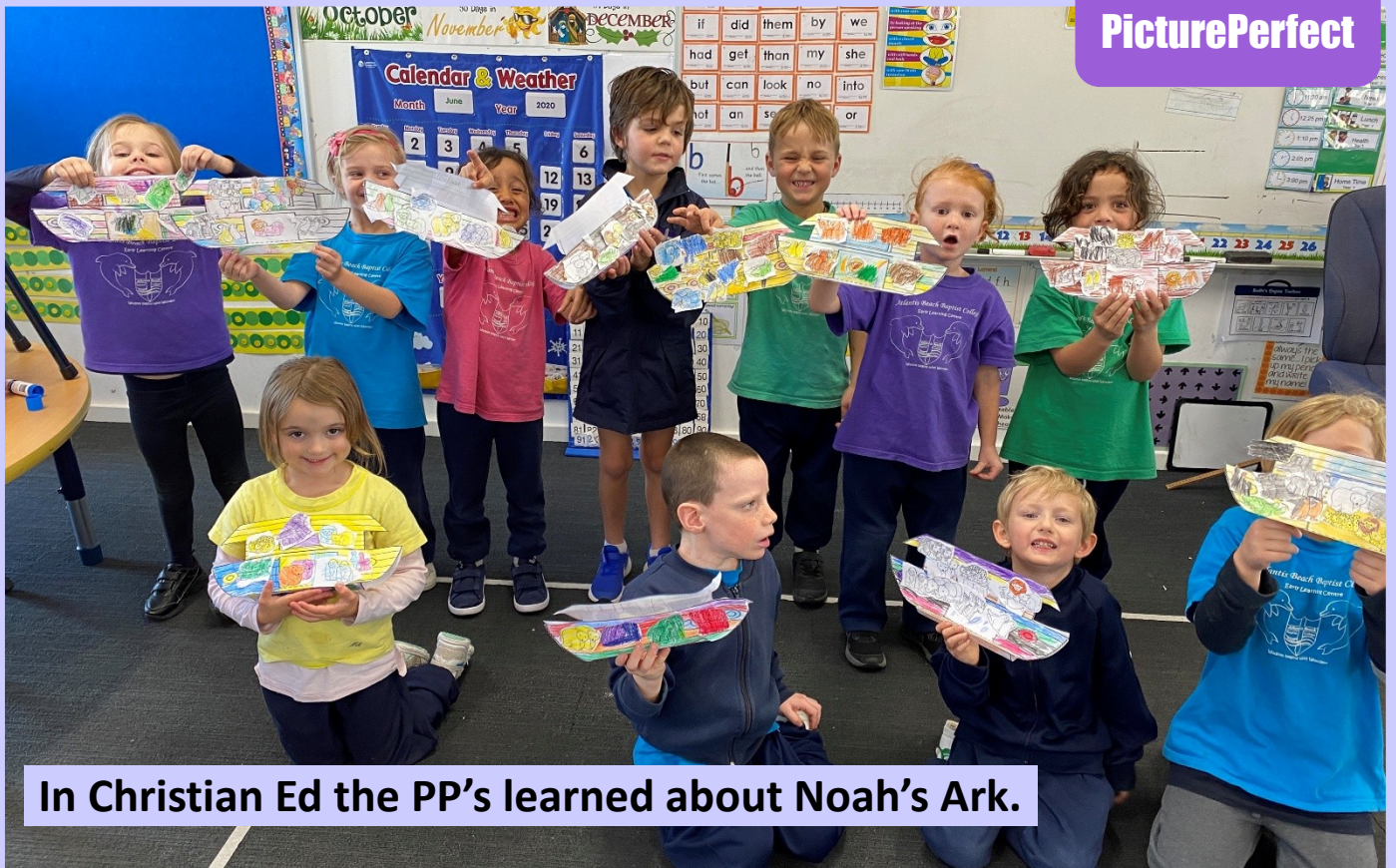


Kindy students have all grown in so many ways—and they had a lot of fun along the way, learning their sounds and celebrating with their friends as they have had their birthdays. This term has flown by and the entire Kindy class is so excited to see what is in store for Term 3!



Pre-Primary learn through play

PicturePerfect



HANDS-on In YEAR 1/2

We measure up!

The children had fun estimating and measuring classroom objects. We have been learning about using standard and non-standard units to measure.



In Health, students have been investigating how germs can be transferred. They mixed glitter with hand sanitiser and covered their hands with the mixture. They then touched objects to see how the "germ" glitter mixture transferred. During this activity they observed what happened and noticed that the "germs" transferred to the things they touched. The students then washed their hands with water only and repeated the activity. They then tried again after using soap and water and noticed that this is the most effective way to remove germs.



**Year 3's are
rock solid!**



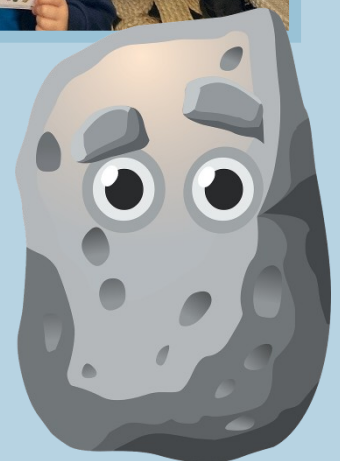
**Reaching
our
milestones**



Since the beginning of the year, Year 3 students have been working hard to complete 100 nights of reading. Recently, we had our first student, Noah reach this awesome milestone. As a class, we would like to congratulate Noah for his wonderful effort and achievement. With many students getting closers each day, we are excited to see who will be next to achieve the 100 nights milestone!



YEAR 3 ROCK ART



ENJOYING A FULL RANGE OF ACTIVITIES

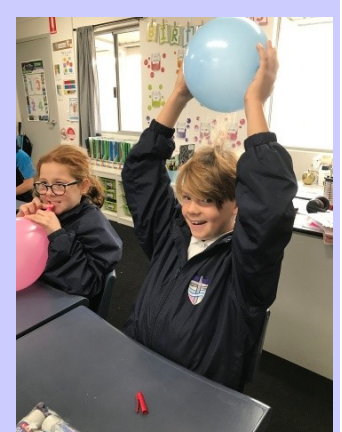
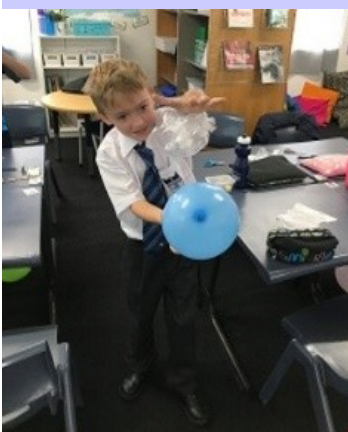
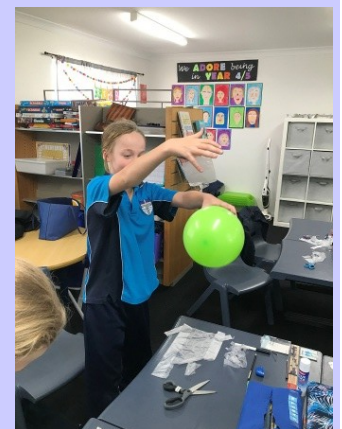
Maths Lessons

During Mathematics, students have been learning to convert between centimetres and millimetres as well as exploring the relationship between centimetres and metres. Students enjoyed creating their own metre sticks during the lesson.



Science Lessons

The Year 4/5 class have been learning how electrostatics is the study of positive and negative charges, a force that can affect objects without needing to physically touch them. Students investigated how objects may become charged when forces cause electrons within the object to move, creating an invisible electric field around the object. They explored how when a charged object moves close to another object, it can either attract or repel it.



WA Golf Incursion

Students were fortunate enough to take part in an incursion held by WA Golf. They were taught how to grip the golf club to ensure the proper hand position, which they found, helped them develop a natural swing. The students enjoyed taking aim at the targets.

CHASING RAINBOWS IN YEAR 5/4

In Science the Year 5/4 students explored light and material properties. They first discussed and considered transparent, translucent and opaque qualities of materials. This led them to investigate how light travels through objects. They also learnt how to produce a rainbow through a process of refraction, where white light bends through water splitting it into its various colours.

Interesting fact:

Did you know each colour travels in waves, each colour also travels at a different rate, this is what contributes to the arch we see in a rainbow.



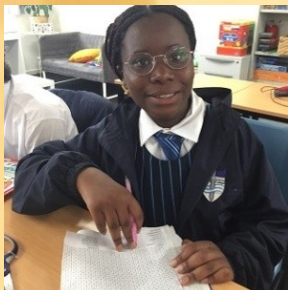
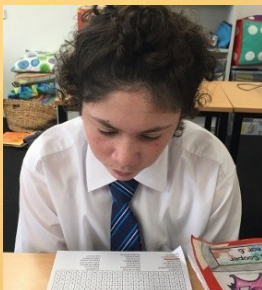
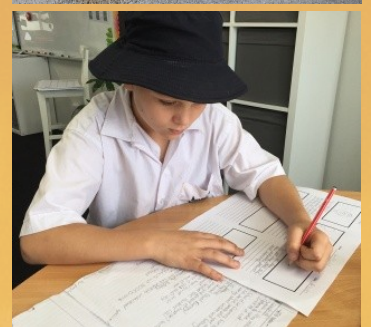
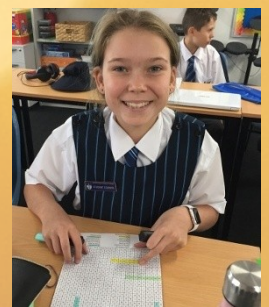
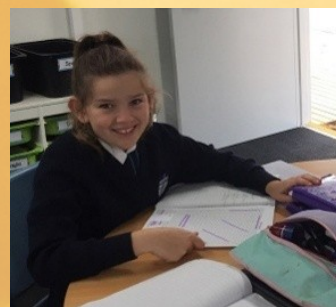
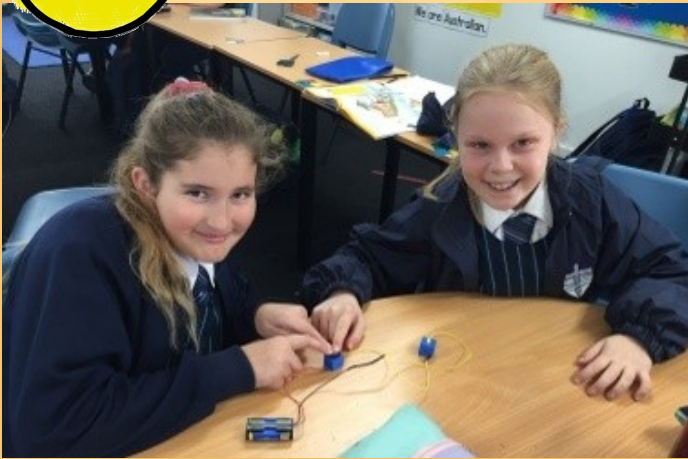
HOUSE CAPTAINS— KEEN TO SERVE

There was reason to celebrate in room 11 last week as we officially gave Lani and Isebella their house captain badges, which they are now proudly wearing. The new badges make these students visible in the playground and around the school as key helpers and role models of the ABBC values.

YEAR 5/6 TURNS ON THE POWER



Year 5/6 learned about how power is used at home and at school. They discussed different appliances, where they can be found and if their electricity usage is high or low. The students also researched circuits and created a working circuit by using copper wires, 3D printed materials with a light bulb, switch and battery. When their circuits were complete, they were able to switch on the light!



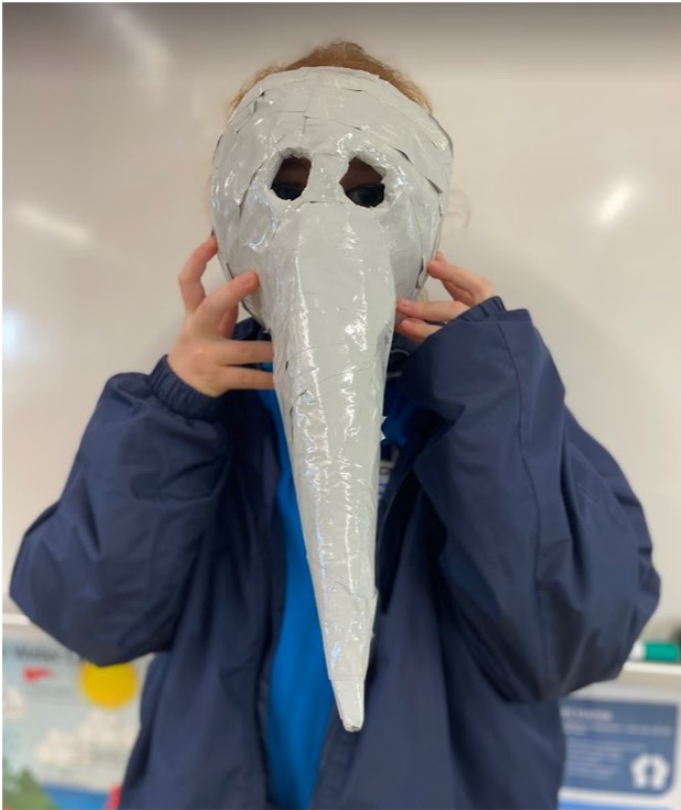
DESIGN TECHNOLOGY

Design Tech students received a brief to create sensory toys for specific year groups. It had to cover some of the following type of plays: Unoccupied Play, Solitary Play, Onlooking Play, Parallel Play, Cognitive Play, Imaginary Play and Associative Play. They could choose which year group to make the toy for.

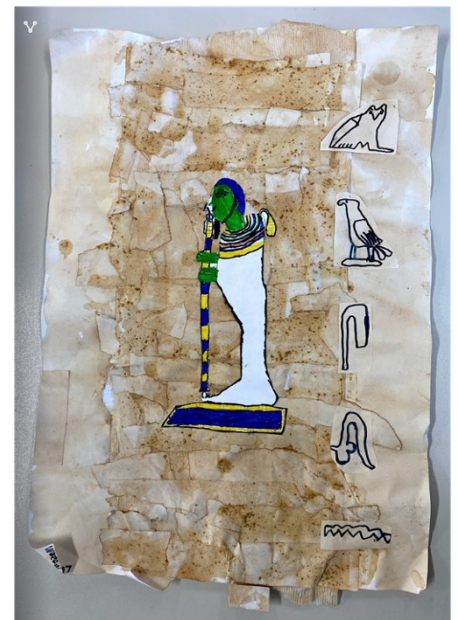
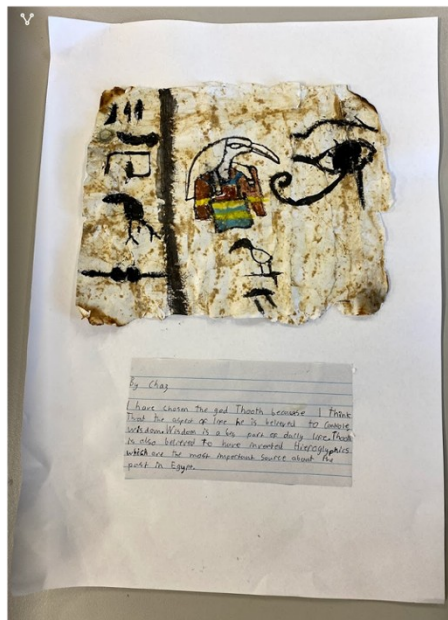
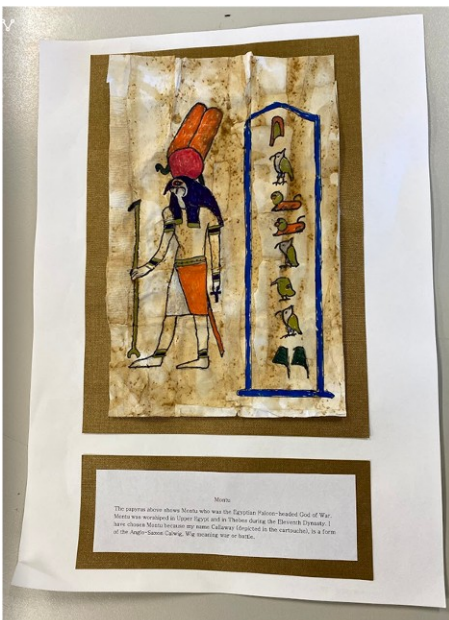


HASS

In Medieval History the year 8 students had to make a mask of shame used during that period. One of the most popular masks of shame was the gossiping and eaves dropping mask. Husbands made their wives wear these masks in public to show their disrespect or to publically humiliate them.

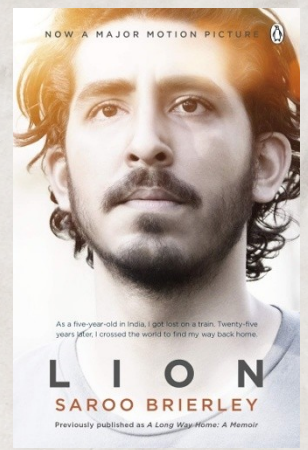


In HASS, the year 7 students completed their own papyrus in Egyptian History. They also wrote their name in hieroglyphics. As part of a research project they had to choose an ancient god and gather information about him.



A Long Way Home

The Year 10 English students have been reading the book *Lion: A long way Home* by Saroo Brierley. It tells the true story of how a five-year-old boy gets lost in India and ends up in a train station in Calcutta miles from home. He gets adopted by a Tasmanian couple, but always has a longing to find his other home in India. After years of searching on Google Earth, he eventually does find it and makes the journey back to look for his biological family. But what does he find when he gets there? For that answer, you will have to read the book or watch the film. After reading the book, the students were asked to write a poem to convey what 'home' means to them. Here are some of the results.



Homecoming

By Lleyton George

Lost in the wasteland of sand and dirt,
Soon we realized this could hurt.
A couple hours have soon passed,
Soon we will be home at last.
Things were not within our grasp;
Later they could be our own gasp.
All around us we could find our way—
So many places to begin our stay.
Things began as hard as stone,
But later on, we lost our phone.

So many ways we need to go.
Maybe, after all, we lost our flow.
The trees swayed like simple arms
Like a human it used its charms.
This trip has been a failed success—
Soon we might lose our address.
With two of us left behind,
This house we must find.
BAM!! With 20 minutes left on the clock,
Closer and closer to our block,
With a path ahead of us found,
We soon might be in the background.

Closer and closer to our home;
Finally, I can access Chrome!
With this story coming to an end,
You might have become my best friend.

Home away from home

By Samuel Daddow

A home away from home,
Is a place that I have found.
It's a place that has no doubt,
And it's the place I'm bound.

Home is where you are loved;
Home always has an opened door.
Home is where you can rest your head;
You can be anywhere and more.

Everyone should have a home.
Home is a place you should love;
Home is a place that should love you.
Home is like the wings of a dove.

Home

By Leilah Farrell

The place where I'm surrounded by those who love and care for me,
Where I'm comforted by the things I like to see,
Where everything is familiar and same—
Home, is where I'd like to be.

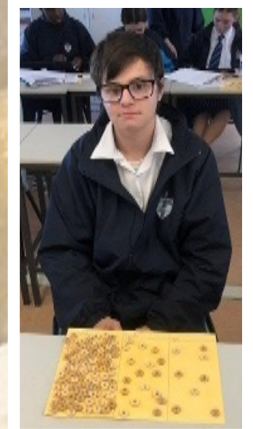
Where the scent of incense dances around me,
Where it feels warm and joyful.
I can't ever seem to shake the feeling
That something is always trying to take it away from me.

Relaxing in a place of comfort,
And being around all the ones I love
Is something I crave and long for—
It all seemingly being stripped from me.



A CREATIVE WAY TO LOOK AT THE WORLD

The Year 8 students modelled the arrangement of particles solids, liquids and gasses with Cheerios for a hands-on activity.



The Year 9 students modelled tectonic plates and their different movements with models they created using crackers, rice, jam and food colouring for a hands-on approach.



NOTICE BOARD



- End of Term 2 - Thursday 2 July.
Start of Term 3 - Monday 27 July.
- The college office will open on 20 July.

- The uniform shop will be open all day on Thursday 23 July. Please make an appointment if your child needs to try on uniform.
- The first week back for Kindy students will include Wednesday.
- P&F Meeting Term 3 Thursday 6 August —5-6pm.

SIZZLE

ABBC
WELL-BEING DOG



WHAT I LIKE:

- Attention
- Belly Rubs
- Long walks
- Spending time at ABBC
- Hanging with students
- Barking
- Taking care of you!!!

See you SOON!

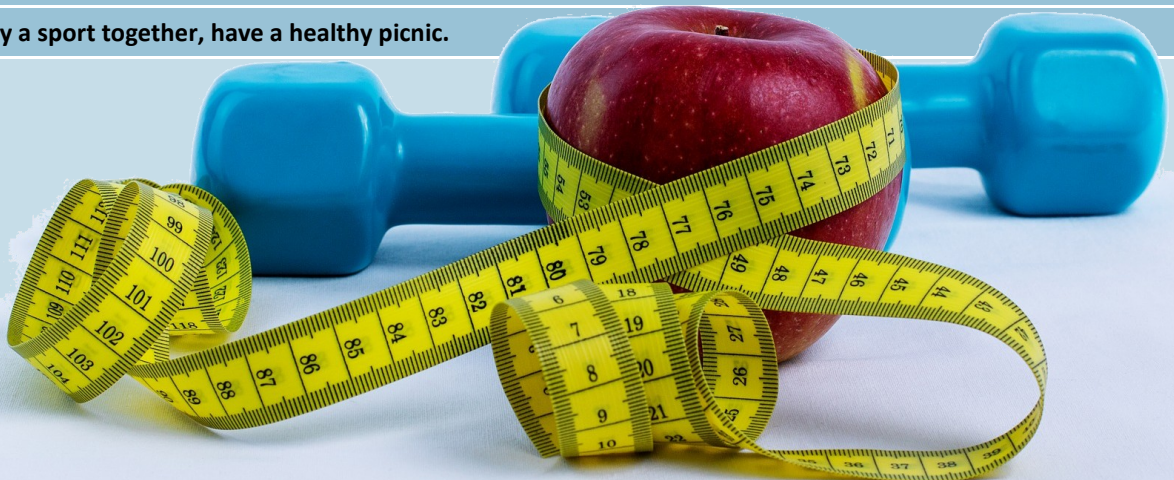
LITTLE ATHLETICS CHAMPIONS

These boys excelled at the recent Little Athletics championships. Hawaiki was the U13 Runner up boy and received the award for the most improved athlete. Hoani-Jay was the U10 Champion boy and TeAriki received the awards for the U7 Champion boy and Overall U6 and 7 Champion. Congratulations, we are very proud of your achievement!



FITNESS CALENDAR FOR JULY

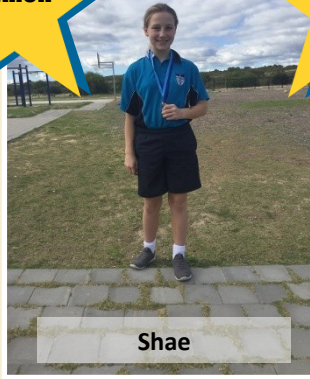
Day	Activity
1	Check the total carbs on any food label. Do that number of mountain climbers.
2	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
3	Rake leaves. (No leaves? Do something else outside instead!)
4	Do as many curl-ups as you can.
5	Use an invisible jump rope to practice some tricks
6	Say your math facts while doing reverse lunges.
7	Take a walk in the garden, pick up weeds.
8	Check how many calories are in a piece of candy. Flap your arms that number.
9	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
10	Play with a friend.
11	Do as many trunk lifts as you can.
12	Using an invisible jump rope, practice 10 double underarms.
13	Do push-up while reciting your spelling words.
14	Take a walk.
15	Check how much salt is in ketchup. Side-slide in place that number.
16	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
17	Play your favourite tag game with your family.
18	Do as many squats as you can.
19	Using an invisible jump rope, do 20 chest jumps.
20	Perform squat-jumps while naming all the countries you can.
21	Take a walk.
22	Try something new and healthy at dinner!
23	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
24	Ask your parents what you can do to help out!
25	Do as many push-ups as you can.
26	Using an invisible jump rope, practice 20 ski jumps.
27	Read a book while doing a wall sit.
28	Take a walk.
29	How much fat is in your favourite salad dressing? Do that number of plank jacks.
30	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
31	Go play a sport together, have a healthy picnic.





SPORT STAR OF THE MONTH

MARCH



Shae

APRIL



Josh

MAY



Cohen

Primary Sport Star and Secondary Sport Star is a monthly award given out to students at ABBC who have performed the best in the sport being delivered within their timetable during this time.



WA Golf Incursion

Aiming for a hole in one





GET INTO GOLF

MyGolf is Australia's introductory golf program for 5 to 12 year olds.

The program runs over 6-10 weeks and introduces kids to golf in a safe and healthy environment.

Participants learn new skills, make new friends and most importantly, HAVE FUN!

REGISTER NOW AT

MYGOLF.ORG.AU

JASON DAY
2015 US PGA WINNER
MYGOLF AMBASSADOR



Golf Australia



PGA AUSTRALIA



Find your local MyGolf Centre at www.mygolf.org.au or Contact

Sun City Country Club contact Jim Danas Phone: 9561 1352 or email: golf@suncitycountryclub.com.au for program details and to register go to www.mygolf.org.au or if you need further help getting into golf? Email mygolf@golfwa.org.au



OPEN DAY

Thursday 16 July 2020
Session starts at 11am

To book a session time phone
(08) 9244 0100 or email
cfc@ctf.wa.gov.au



Sessions run for 1 1/2 hours
Admission is **FREE** | **BOOKINGS ESSENTIAL**



www.ctf.wa.gov.au



9244 0100



104 Belgravia St,
Belmont WA, 6104



Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- **Seminar Series** – 90-minute talks on:
 - children's behaviour – the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - bedtime routine
 - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



Program details:

1. Seminar Series, Warwick Stadium
Friday's 9.30am - 11.30am
14th, 21st and 28th August 2020
2. Discussion Group (Dealing With Disobedience), Warwick Stadium
Thursday 9.30am - 11.30am
20th August 2020

BOOKINGS ARE ESSENTIAL

Visit www.healthywa.wa.gov.au/parentgroups

How do I book?

Ask your child health nurse or visit healthywa.wa.gov.au/parentgroups.

Coronavirus update

To help us all stay healthy, please remember:

- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact your Child Health Nurse or the **Child Health Booking System** on **1300 749 869** (metro only).

Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. **DO NOT** bring hot food and drinks for safety reasons.