

## Atlantis Beach Baptist College

TWO ROCKS WESTERN AUSTRALIA

#### **College Details**

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#### Term Dates 2020

Term 1

29 January—9 April

Term 2

28 April—2 July

Term 3

27 July—24 September

Term 4

13 October—11 December

#### **Administration**

**Lisa Potgieter** 

Principal

Charlene van Wyk

**Dean of Students** 

Tracy-Lee Fick

Secondary Co-ordinator

Lia Roodt

**Primary Co-ordinator** 

Nicola Moores

Office Manager

#### **MESSAGE FROM THE PRINCIPAL**

Dear Students, Families and Friends of the College

The butterfly effect is this idea that a single butterfly flapping its wings on one side of the globe can, in theory, start a hurricane on the other. It's a physics concept, but what if it could be applied to kindness as well. "An act of kindness, how far could it go?"

Last winter a man named Rosati decided to test the theory at a diner in his hometown of Durham, North Carolina. He saw two girls at the table next to his and gave them each \$50 with one very simple instruction - do something kind. Rosati says he left the diner and forgot all about it until he got an email. It included pictures from a village in Africa with people holding signs that read, "Thanks a lot for spreading kindness - Chris Rosati."

"It was the butterfly effect," said Rosati. The two girls responsible were 13-year-old Cate Cameron and her 10-year-old sister Anna. They said they couldn't believe it when a stranger gave them each \$50 dollars. "That makes you want to do something good with that money," said Anna. The girls say they already knew about this village in Sierra Leone where their dad had worked in the Peace Corps. They knew the people there had been working hard to fight Ebola, so the girls paid for a feast to help them celebrate being Ebola-free. They say it felt great to help.

"It inspired me," said Anna. "I would definitely encourage other people to do it," added Cate. I asked Rosati what he'll do now that he's proven the butterfly effect. "Oh man," he said. "You get a whole lot of butterflies to flap their wings." To that end, Rosati, who's already done so much for North Carolina, launched his latest campaign. He told screaming fans his plan to give out hundreds of little butterfly grants --\$50 each - to any kid who wants to start changing the world. Since this story first aired, hundreds of kids across the country have either gotten a grant or acted on their own. "We did a bake sale for cancer in order to raise money for our cancer hospital," said one child. "We did a project where we put a bookshelf in a soup kitchen," said another. And it continues to spread, all these acts of kindness, all inspired by one man's simple gesture. Looks like a hurricane's 'brewin'.

If you're interested in being a part of Rosati's campaign, go to: <a href="http://inspiremedianetwork.org/littleBIGG/">http://inspiremedianetwork.org/littleBIGG/</a>

In a world where you could be anything, be KIND!

Lisa Potgieter Principal

## Kindy kids are happy kids!

























helps the child blend the KNOW and the NEW stretch the REAL into the POSSIBLE and work through the **EMOTIONS** of both. - from Teaching the Moving Child, by Sybil M. Berkey









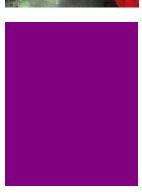












# Growing confidence in Lice-Lilling



# Pre-Primary students are 'Happy campers'

In HASS the Pre-Primary children have been investigating the different materials that homes around the world are made from. They built their own version of a Mongolian Yurt!







# Y1&2 got a workout at the beach

The students in Year 1 and 2 enjoyed taking their Sport lesson onto the beach. Lots of games and fitness in the beautiful spring sunshine!









## High flyers in Y4/5

In English the Year 4/5 students have been learning about procedural texts. In this activity, students built a model using building blocks. Once completed, they instructed their partner to create an exact replica, without showing the student their model! Students discovered the importance of using clear and direct language when explaining each step. This activity involved students following a sequenced set of instructions to create a paper aeroplane in class, which they later enjoyed testing outside.



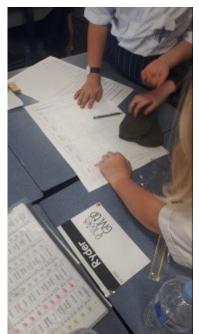








## The true METHOD of KNOWLEDGE is **Experiment**



### **Planting a Seed of Curiosity**

Room 11's scientists experimented with different ways that seeds disperse. Students learnt that plants have a variety of seeds which sail through the wind, float on water, are digested by animals and even burst out of pods. Students tested the wind, water and attachment methods that seeds used to travel and then determined how some of the common seeds we see are spread.





### **Learning in context**





Students in room 11 have been discussing healthy eating and how to identify fruits and vegetables. We made a smoothie in class which contained 4 of the 5 food groups and would be perfect for breakfast or a mid-day snack. Students then created a procedure text based on the process for others to follow.









## ENJOYING ABBC ARCADIAN DAY







Year 5/6 students enjoyed the Free Dress and Sausage Sizzle!





YEAR 7

### **DIGI-TECH**

The year 7s have been designing games in Scratch.







## **High school students**

cook up a storm The focus in Food Technology this term was on healthy eating. Students learnt about all the major and minor nutrients and what each nutrient's role is. Students made a variety of dishes that included a lot of vegetables in order to create a balanced meal at home. A healthy body houses a healthy mind! **Develop healthy** eating habits



Welcome to ABBC's bike trails and fun. We are a great school devoted to healthy students and community. Our students have created their own bike tracks with breaks on the way, fun for the whole family, enjoy your ride and stay safe! Two Rocks is known for its beautiful sight seeing we thought it would be a great place to start a bike trail. Everyone will thoroughly enjoy their day with breaks for food, fun and games.

Is your bike road worthy? Take our quiz!

At night time	All the time
Do you have lights on you Bike?	Do you have a Helmet?
Do you have reflectors on	Are your breaks working
you bike?	well? (back and front)
	Is your chain well oiled?
	Is your bike rusty?
	Are you ready to ride? (Are
	you being cautious)?

#### Bike track below



#### **BE AWARE!**

Please try to stay on foot paths and avoid busy roads. Please always look left and right before crossing a road.

Be aware of Two Rocks road as it is a main road, if you need to cross the road please try to stick to the zebra crossings.

Blue—Rest pointsRed—Main Bike trailGreen—Walking trail

Life is in Atlantis, come have fun!

#### YEAR 8/9 ROAD SAFETY PROJECTS

By Kai, Ryan and Anthony (Year 9 Health Assignment)

## **CYCLOPATHS**

Welcome to our loving and friendly biking community. Here at Cyclopaths we are trying to encourage people of all ages and sizes to stop using cars and to use a more eco-friendly option which in this case is cycling. In our community we make sure everyone is safe when riding so we take these precautions.

#### Top ten list of ways to stay safe while riding

- Helmet on
- Indicate which way you are going on roads
- · Working brakes and lights
- Avoid cars unless necessary
- Try to ride on cycle paths and wear fluorescent clothes
- Avoid pot holes and rough roads
- Be aware of cars if on road
- Be concentrated
- Don't ride in the rain

#### Check list before riding

- **Working brakes**
- **Working lights**
- Working bell
- Good tyre pressure

#### **Riding regulations:**

- Wear helmet
- Stay 1m away from a car

#### **Great riding spots include:**

- Yanchep National park
- North link



**BEACH CLEAN UP** 

## Caring for the environment













## **Set in motion...**

The Year 10s have been working on a Claymation project in a combined Media and Digitech project. Sammy has finished his and published it on his YouTube channel. Follow this link to view: <a href="https://youtu.be/OQ8GiHEbb48">https://youtu.be/OQ8GiHEbb48</a>



#### **AUGUST 2020**

## SPORTS STAR OF THE MONTH



Congratulations to Chloe (Year 3) and Kalum (Year 9).







**CONGRATULATIONS** 

# Harrison, a rising star!

Harrison has been selected by West Perth Falcons to join their development squad. Along with training with West Perth he continues to train with Yanchep Redhawks 2 nights a week and plays Sundays. He also played against Swan Districts with West Perth. We are so proud of his achievements and his focus towards AFL and can't way to watch him grow and develop.

## **KEEPING ACTIVE**







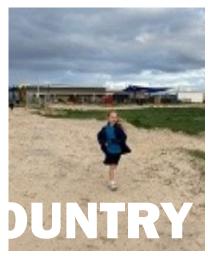
















## Holiday opening times

Thursday 8 October 8.30am - 3.00pm
Please book an appointment if your child needs to try on uniform
Contact nicola.moores@abbc.wa.edu.au

### REMEMBER!

Summer uniform must be worn in Term 4

Be sure to check your family regularly for ticks!





## ATLANTIS BEACH BAPTIST COLLEGE

## YEAR 7 2021 ORIENTATION DAY

### MONDAY 2 NOVEMBER 2020 9:00-11:00AM

Enjoy various activities, interactive lessons and morning tea with us.

Also receive an orientation goodie bag.

Bookings essential.

For more information contact 9544 3000 or email admin@abbc.wa.edu.au





[Help your child be emotionally, mentally and socially strong]

## Your Child's Wellbeing

- Love them Unconditionally
- Tell your child what you love about them
  - Listen first, then talk
  - Apologise to them when you mess up
    - Model good self-care
- Teach them respect by modelling respect
  - Remember kids will react like kids





# Prepare Together ROADSHOW

Are you prepared for a bushfire or other major emergency near your home?



Find out how to reduce the impacts of bushfires and other major emergencies.

Learn about preparing a bushfire survival plan including how to keep your pets

and animals safe, and the steps to follow if you see smoke near your home or property.

#### Saturday 17 October 2020 / 10.30am-1.30pm

Wanneroo Showgrounds East (near the playground)
Ariti Avenue, Wanneroo
Free sausage sizzle provided

Entry is free. To adhere to COVID-19 regulations, bookings are essential.

For more information and to book,

visit wanneroo.wa.gov.au/preparingtogether